



# ALL SAINTS

## CATHOLIC COLLEGE

ORARE LABORARE SERVIRE

### **Health Related Behaviour Survey**

Dear Parents and Carers,

All primary and secondary schools have been invited by the Royal Borough of Kensington and Chelsea, and Westminster City Council Council to take part in a Health Behaviour Survey for children and young people and we have agreed to participate.

The survey data will help the local authority to understand the health and wellbeing needs of children and young people in the borough and plan for appropriate services and support. The survey data will also help the school and may prompt a review of our school's approach to supporting health and wellbeing, including curriculum and policies.

The survey has been developed by the Schools Health Education Unit, Exeter and has been in used in schools for over 40 years. Nationally, over 3000 schools have used the survey.

The questions cover a wide range of health behaviours, for example:

Home and family

Relationships, emotional health, and well-being,

Tobacco, Alcohol,

Leisure and money Healthy Eating

Exercise Drugs Sexual health



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Both the Council and the school find the content of the questionnaire acceptable; it has been customised to suit our local setting. The questionnaire is anonymous and confidential - no student will be identified when the data is returned to our school. The Council will receive only the summary of all schools - individual schools are not identified. Data Protection concerns are covered in the Privacy Notice for pupils, which can be found on the reverse of this sheet.

I hope you will agree with us that this is an exercise in which we wish to co-operate fully. I will assume you do approve unless I hear otherwise. We hold a copy of the questionnaire in the school office, and if you would like to examine it, you are welcome to do so by appointment. The survey will be carried out this week online for students in Year 8 through to Year 10.

Yours sincerely

Ms Geoghegan