

# MAINS

From £1.50  
Week Two:



## THEME BARS -PLUS DAILY- JACKET POTATOES & SALAD BAR



MON

TUE

WED

THU

FRI

### ★ BURGER BAR ★

Greek Garlic Lemon, Thyme  
Chicken and Potato Tray bake  
Served with Broccoli

Quarter Pounder Beef Burger in a  
Burger Bun (G,So)  
Spicy Chicken Burger in a Burger Bun  
(G,Se,Mu)  
Falafel Burger in a Burger Bun (G,Se)

Cajun Spiced Chicken Enchiladas  
(G,Mu,Mk)

Spicy Wedges (Mu)  
and Chefs Salad

Slow Cooked Beef Lasagne  
Topped with Mozzarella (G,Mk,E)

Chef Salad  
Garlic Bread (G,Mk,So)

### ★ FISH & CHIP SHOP ★

Cajun, Lime, Coriander, Tofu  
and Potato Tray bake Served  
with Broccoli  
(Mu,So)

Sweetcorn  
BBQ Beans (Su,So,G,Ce)  
Baked Potato Wedges

Layered Roasted Vegetable Tomato  
Enchilada Pie (G,Mk)

Spicy Wedges (Mu)  
And Chefs Salad

Mediterranean Vegetable Lasagne  
Topped with Mozzarella (G,Mk,E)

Chef Salad  
Garlic Bread (G,Mk,So)

Battered Fish Fillet (G,F)  
Jumbo Sausage Roll (G,Su,So,Mk)  
Cheese & Onion Patty  
(G,So,Mk,E)

Oven Baked Chips  
Garden Peas  
Baked Bean  
Chunky Tartare Sauce (E)

*Meal Deal*  
Only £2.30

Check out what's on offer today,  
available for free school meals!

## GLOBAL EATS

From £2.00



MON

TUE

WED

THU

FRI

Piri Piri  
Chicken Wrap  
with Garlic  
Mayo  
(G,E)

BBQ Chicken  
Wrap  
(G)

Blackened  
Cajun Chicken  
Wrap  
With Spicy  
Mayo  
(G,Mu,E)

Mediterranean  
Chicken Wrap  
with Mint  
Yoghut  
(G,Mk)

Lemon and  
Herb Chicken  
Wrap  
With Sweet  
Chilli Sauce  
(G)

## DESSERTS

### MONDAY

Sticky Lemon Sponge  
with Custard (G,So,Mk,E)

### TUESDAY

Carrot Cake (G,Mk,E)

### WEDNESDAY

Dutch Apple Caramel Tart  
with Custard (G,So,Mk,E)

### THURSDAY

Pear and Apricot Crumble  
with Custard (G,So,Mk,E)

### FRIDAY

Rice Pudding with  
Raspberry Sauce (Mk)

From £0.90



Look out  
for Panini  
and Pizza  
of the day

## ALLERGENS

*we're allergy gurus!*

Ce = Celery

Cr = Crustacean

E = Eggs

F = Fish

G = Cereals

containing Gluten

L = Lupin

Mk = Milk

Mo = Molluscs

Mu = Mustard

N = Nuts

P = Peanuts

Se = Sesame Seeds

So = Soya

Su = Sulphur

Dioxide

Speak to one of our chefs if you have any allergies.