

# MAINS

From £1.50

Week One:



**THEME BARS**  
-PLUS DAILY-  
**JACKET POTATOES**  
& SALAD BAR



MON

TUE

WED

THU

FRI

Mexican Chilli Beef Con Carne with Steamed Rice and Sour Cream (Mk)

**Extras**  
Nachos  
Sweetcorn and Peppers

Vegan Chilli with Steamed Rice and Vegan Sour Cream (So,Mu,Ce)

**Extras**  
Nachos  
Sweetcorn and Peppers

★ **MASALA MOMENTS** ★

Chicken Jalfrezi

Lentil and Cauliflower Dahl (G)

Pilau Rice  
Raita (Mk)  
Mango Chutney

**Extra**  
Naan bread (G)  
Onion Bhaji (G)

★ **CARIBBEAN** ★

Sticky Jerk Chicken with Pineapple Salsa (Su)

Caribbean Butternut Squash and Black Bean Stew

Coconut Rice and Peas (Su)

Papaya Coleslaw (G,So)

Butchers Chicken Sausages with Gravy (G,Su)

Carrots  
Broccoli  
Creamy Mashed Potato (Mk)

Vegetarian Sausages with Roast Gravy (G,Ce)

Carrots  
Broccoli

Creamy Mashed Potato (Mk)

★ **FISH & CHIP SHOP** ★

Battered Fish Fillet (G,F)  
Jumbo Sausage Roll (G,Mk,So,Su)  
Cheese & Onion Patty (G,So,Mk,E)

Chips  
Garden Peas  
Baked Beans  
Chunky Tartare sauce (E)

*Meal Deal*  
**Only £2.30**

Check out what's on offer today, available for free school meals!

## GLOBAL EATS

From £2.00



MON

TUE

WED

THU

FRI

Piri Piri Chicken Wrap with Garlic Mayo (G,E)

BBQ Chicken Wrap (G)

Blackened Cajun Chicken Wrap With Spicy Mayo (G,Mu,E)

Mediterranean Chicken Wrap with Mint Yoghut (G,Mk)

Lemon and Herb Chicken Wrap With Sweet Chilli Sauce (G)

## DESSERTS

MONDAY

Chocolate Sponge and Chocolate Sauce (G,So,Mk,E)

TUESDAY

Lemon and Poppy Seed Cake (G,Mk,E)

WEDNESDAY

Raspberry Jam and Coconut Sponge (G,Su,So,Mk,E)

THURSDAY

Sticky Toffee Pudding (G,Su,Mk,E) with Toffee Sauce (Su,Mk)

FRIDAY

Apple and Mixed Berry Crumble and Custard (G,So,Mk,E)

From £0.90



Look out for Panini and Pizza of the day

## ALLERGENS

*we're allergy gurus!*

Ce = Celery

Cr = Crustacean

E = Eggs

F = Fish

G = Cereals

containing Gluten

L = Lupin

Mk = Milk

Mo = Molluscs

Mu = Mustard

N = Nuts

P = Peanuts

Se = Sesame Seeds

So = Soya

Su = Sulphur

Dioxide

Speak to one of our chefs if you have any allergies.