

# WEEK 1 MENU

Week Commencing: 31st Oct, 21st Nov, 12th Dec, 9th Jan, 30th Jan, 27th Feb, 20th March

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Jerk Chicken served with Rice and Green Beans

Chili Beef served with Fluffy Rice, Tortilla Chips & Salad

Classic Mac 'n' Cheese with Fresh Salad and Pitta Slice

Farm Assured Roast Chicken with Potatoes, Seasonal Vegetables, Stuffing Ball and Gravy

Battered Fish served with Chips, Garden Peas or Beans

(G) (W) (B) (E) (MK)

(G) (W) (MK)

(G) (W)

(G) (W) (F)



Vegetarian Meatballs in our Delicious Homemade Tomato Ragù served with Pasta Twists

Sweet and Sour Vegetable Noodles served with Seasonal Vegetables

Homemade Tomato Soup served with Chunky Garlic Ciabatta Bread

Vegetable Wellington with Potatoes, Seasonal Vegetables, Stuffing Ball and Gravy

Vegetable Sausage served with Chips, Garden Peas and Baked Beans

(G) (W) (SO)

(E)

(G) (W) (MK) (SE)

(G) (W) (E)

(G) (W)



Choose your Favourite Pizza with Salad Bar Selection

(G) (W) (SE)



Jumbo Sausage Roll with Tortilla Chips & Salad

(G)(W)(SU)(SO)(E)



Vegetable Bolognese served with Rice

(G) (W) (E) (MK)



Sweet Chilli Chicken Noodles

(G) (W) (E)



Loaded Bucket of Chips with Delicious Homemade Toppings of Choice

(G) (W) (MK) (SE) (SO)(E)



Fruit Yogurt & Coulis Fresh Fruit Homemade Cookie & Cake

(G) (W) (E) (MK)

Fruit Yogurt & Coulis Fresh Fruit Homemade Cookie & Cake

(G) (W) (E) (MK)

Fruit Yogurt & Coulis Fresh Fruit Homemade Cookie & Cake

(G) (W) (E) (MK)

Fruit Yogurt & Coulis Fresh Fruit Homemade Cookie & Cake

(G) (B) (W) (MK)

Fruit Yogurt & Coulis Fresh Fruit Homemade Cookie & Cake

(G) (W) (E) (MK)

92% of our food is made from fresh ingredients every day • The meat we serve is Red Tractor, Farm Assured British accredited  
All our fish is from sustainable sources • All of our eggs are free range laid by happy chickens • We bake our bread daily in your kitchen

Allergen Key: Barley (B), Celery (C), Egg (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Mustard (MU), Sesame Seeds (SE), Soya (SO), Sulphites (SU), Wheat (W)



# WEEK 2 MENU

Week Commencing: 7th Nov, 28th Nov, 19th Dec, 16th Jan, 6th Feb, 6th March, 27th March

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Creamy Chicken and Sweetcorn Pasta Bake served with Garlic Bread & Fresh Salad

(G) (W) (SO) (MK)

Sausages served with Mashed Potatoes, Seasonal Vegetables and Rich Gravy

(G) (W) (SU) (MK) (SO)

Stir Fried Chinese Five Spice Noodles with Roasted Vegetables

(E) (SO)

Farm Assured Roast Turkey with Potatoes, Seasonal Vegetables, Stuffing Ball and Gravy

(G) (W)

Battered Fish served with Chips, Garden Peas or Beans

(G) (W) (F)



Vegetable Chili served with Fluffy Rice, Tortilla Chips & Salad

(G) (W) (B) (MK)

Mexican Bean Quesadilla served with Herby Baby Potatoes and Fresh Salad

(G) (W) (MK)

Vegetable Kebabs served with Pitta Bread, Carrot and Red Cabbage Salad and Herb Yoghurt

(G) (W) (MK)

Vegetable Wellington with Potatoes, Seasonal Vegetables, Stuffing Ball and Gravy

(G) (W) (E)

Bean Burger served with Chips, Garden Peas and Baked Beans

(G) (W)



Choose your Favourite Pizza with Salad Bar Selection

(G) (W) (SE)



Chicken & Ham Slice

(G) (W) (SO) (MK) (C)



Sweet Chilli Vegetable Rice

(MK) (G) (W)



Soy-Roasted Vegetables with Noodles

(G) (W) (E) (SO)



Loaded Bucket of Chips with Delicious Homemade Toppings of Choice

(G) (W) (MK) (SE) (SO)(E)



Fruit Yogurt & Coulis Fresh Fruit Homemade Cookie & Cake

(G) (W) (E) (MK)

Fruit Yogurt & Coulis Fresh Fruit Homemade Cookie & Cake

(G) (W) (E) (MK)

Fruit Yogurt & Coulis Fresh Fruit Homemade Cookie & Cake

(G) (W) (E) (MK)

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# WEEK 3 MENU

Week Commencing: 14th Nov, 5th Dec, 2nd Jan, 23rd Jan, 20th Feb, 13th March

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Beef Bolognese Pasta served with Seasonal Vegetables and Garlic Bread

(G) (W) (MK) (SO)

Pork Sausage served with Wedges and Baked Beans

(G) (W) (SO) (SU) (C)

Roasted Vegetable Quiche served with New Potatoes and Fresh Salad

(G) (W) (MK) (E)

Farm Assured Roast Chicken with Potatoes, Seasonal Vegetables, Stuffing Ball and Gravy

(G) (W)

Battered Fish served with Chips, Garden Peas or Beans

(G) (W) (F)

MEAT FREE

Butternut & Chickpea Korma served with Fluffy Rice & Naan Bread Slice

(G) (W) (MK)

Vegetable Lasagne served with Garlic & Herb Bread and Fresh Salad

(G) (W) (MK) (SO)

Vegetable Curry served with Rice

(MK)

Broccoli & Cauliflower Bake served with Roast Potatoes, Stuffing Ball and Gravy

(G) (W) (E) (MK)

Vegetable Nuggets served with Chips, Garden Peas and Baked Beans

(G) (W)

STREET FEAST



Choose your Favourite Pizza with Salad Bar Selection

(G) (W) (SE)



Cheese & Bacon Turnover

(G) (W) (E) (MK)



Stir Fry Vegetables served with Rice

(SO)



Chili Beef Noodles

(G) (W) (E)



Loaded Bucket of Chips with Delicious Homemade Toppings of Choice

(G) (W) (MK) (SE) (SO)(E)



Fruit Yogurt & Coulis Fresh Fruit Homemade Cookie & Cake

(G) (W) (E) (MK)

Fruit Yogurt & Coulis Fresh Fruit Homemade Cookie & Cake

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Fruit Yogurt & Coulis Fresh Fruit Homemade Cookie & Cake

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