



Meal Deal Sandwich

BREAD PRODUCT
Plus a tray bake or fruit
or a 185ml drink

WEEK ONE menu

WEEKS COMMENCING:
• 7 JUN • 28 JUN
19 JUL • 13 SEPT • 4 OCT

SEASONAL
VEGETABLES
with
MAIN COURSE
OPTIONS

MEAL DEAL
MAIN MEAL
& VEGETABLES
plus a portion of
Potato, Rice or Pasta
and a
Dessert or Fruit Pot

Monday

Tuesday

Wednesday

Thursday

Friday

MAINS

LAMB CURRY
TUMERIC RICE
& NAAN

CRISPY LEMON
CHICKEN & POTATO
WEDGES

ROAST TURKEY
ROAST POTATOES &
STUFFING

JERK CHICKEN &
MASH POTATO

FISH AND CHIPS

VEGETARIAN

VEGETABLE CURRY
TUMERIC RICE
& NAAN

CHEESE & TOMATO
PASTA BAKE

VEGETABLE &
CRANBERRY ROLL

CHEESE AND RED
ONION QUICHE

VEGETABLE NAAN
BREAD PIZZA

STREET

CURRIED POTATO
WEDGES

ROASTED VEGETABLE
WRAPS

MACARONI CHEESE
GARLIC BREAD

VEGETABLE SAMOSA

VEGETABLE NUGGETS

DESSERTS

SHORTBREAD

BANANA MUFFIN

CHOCOLATE CAKE

PANCAKE WITH
LEMON OR HONEY

APPLE & CINNAMON
WRAPS

Daily; Pasta bowl with homemade sauce, various panini, salad bar, deli selection

Our mission is to make your lunchtime meal the highlight of your day

92% of our food is made from fresh ingredients every day • The meat we serve is Red Tractor, Farm Assured British accredited •
All of our fish is from sustainable sources • All of our eggs are free range laid by happy chickens • We bake our bread daily in your kitchen

SOME OF OUR FOOD MAY CONTAIN ALLERGENS, PLEASE ASK OUR CHEF FOR ADVICE





Meal Deal Sandwich

BREAD PRODUCT
Plus a tray bake or fruit
or a 185ml drink

WEEK TWO menu

WEEKS COMMENCING:
• 14TH JUN • 5 JUL
• 30TH AUG • 20 SEPT • 11 OCT

SEASONAL VEGETABLES *with* MAIN COURSE OPTIONS

MEAL DEAL MAIN MEAL & VEGETABLES plus a portion of *Potato, Rice or Pasta* and a *Dessert or Fruit Pot*

Monday

Tuesday

Wednesday

Thursday

Friday

MAINS

CHICKEN STIRFRY
WITH NOODLES

CHEESE BURGER
WITH POTATO
WEDGES

SAUSAGE AND MASH
WITH ONION GRAVY

MACARONI CHEESE
WITH BACON &
GARLIC BREAD

FISH AND CHIPS

VEGETARIAN

VEGETABLE STIRFRY
WITH NOODLESE

VEGGIE BURGER
WITH POTATO
WEDGES

VEGGIE AND MASH
WITH ONION GRAVY

MACARONI CHEESE
& GARLIC BREAD

CHEESY POTATO
CAKES

STREET

CURRIED POTATO
WEDGES

HERBY POTATOES
WITH CHEESE

PIZZA SLICE

STIR FRIED RICE

MIXED BEAN &
VEGETABLE RICE
BURITO

DESSERTS

FRUIT JELLY

BANANA CAKE

JAM & COCONUT
SPONGE

LEMON DRIZZLE
CAKE

PINEAPPLE MUFFIN

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Meal Deal Sandwich

BREAD PRODUCT
Plus a tray bake or fruit
or a 185ml drink

WEEK THREE menu

WEEKS COMMENCING:
• 21ST JUN • 12 JUL • 6TH SEPT
• 27TH SEPT • 18TH OCT

SEASONAL
VEGETABLES
with
MAIN COURSE
OPTIONS

MEAL DEAL
MAIN MEAL
& VEGETABLES
plus a portion of
Potato, Rice or Pasta
and a
Dessert or Fruit Pot

Monday

Tuesday

Wednesday

Thursday

Friday

MAINS

SWEET & SOUR
CHICKEN WITH RICE

BEEF LASAGNE
GARLIC BREAD

ROAST BEEF WITH
ROAST POTATOES
AND STUFFING

CHICKEN IN
BLACKBEAN SAUCE
WITH SWEETCORN
RICE

FISH AND CHIPS

VEGETARIAN

SWEET AND SOUR
VEGETABLES WITH
RICE

VEGETABLE LASAGNE
GARLIC BREAD

CAJUN SPICED
VEGETABLE WRAPS

VEGETABLES IN
BLACK BEAN SAUCE
WITH SWEETCORN
RICE

RED ONION AND
MIXED PEPPER PIZZA
SLICE

STREET

SWEET CHILLI
VEGETABLE WRAP

CHEESE BURGER

HOT DOG

PITTA BREAD PIZZA

VEGETABLE PASTA
POTS

DESSERTS

CHOCOLATE
BROWNIE

ROCK CAKES

CARROT CAKE

CHOCOLATE &
ORANGE MUFFIN

BANANA & OAT BAKE

Daily; Pasta bowl with homemade sauce, various panini, salad bar, deli selection

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